

Introduction of Essential of Shang Han Lun

- This book mainly introduces information related to the author of Shang Han Lun. It is a major contribution of medical ideas and solutions of the practical principles actually are twenty that include Yin and yang, internal and external, excess or deficiency, cold or heat, dryness or dampness / moisture, qi or blood, mild or severe condition, truth or fake, favorable and unfavorable-reverse condition (Shun pattern and Ni pattern), treatable and none treatable, good or bad, even identify dying and none dying.
- The book points out the three yang meridian's pathogen is mainly foreign weather wind-cold damaging defense yang, gallbladder yang and stomach yang qi condition. The three yin meridian's pathogen is mainly internal heat or dry heat damaging yang qi and yin fluid condition.
- This book discusses all six meridian's individual information together and separately such as: outline, basic patterns, organ's patterns, basic pattern's additional symptoms, organ's pattern's additional symptoms, transmuted patterns, and combination diseases.
- This book point out Tai Yin directly attacking by cold pathogen-Li Zhong Tang pattern is belonging to Foot Yang Ming stomach. The Foot Yang Ming-Bai Hu Tang Fu pattern is belonging to Tai Yin spleen pattern.
- This book also introduces the most important lines from the Shang Han Lun. The most important part of this book points out: Shang Han Lun is not just focus to the cold pathogen issues and focus to nourish yang qi. The Shang Han Lun also focus to the heat pathogen issues and focus to clearing the heat. Shang Lun is not just focus to the dampness pathogen issues and focus to clearing the dampness; Shang Han Lun also focus to the dryness pathogen and focus to nourish yin to reduces the dryness.